



www.originaltanzania.com info@originaltanzania.com
Keeping Tanzania Original for You

Trained Tour Leader & Outdoor Specialist
Elias Udambe: elias@originaltanzania.com

Development and Partnerships
Sarah Hough: sarah@originaltanzania.com

Mount Kilimanjaro

Machame "Whiskey" Route - 8 Day, 7 Night Itinerary

Machame, nicknamed the 'Whiskey' route, is considered the most popular route and probably the most beautiful route to start your ascent to the summit of Mount Kilimanjaro. Located on the southern side of the mountain in lush, fertile rainforest, you will head towards Shira Plateau and then circle along the southern circuit halfway around Kilimanjaro. From here you will have great views from all angles. Although this is considered one of the better routes for acclimatization, as you will have a steady altitude increase every day, it is also one of the more challenging choices, due to hiking steeper routes for longer distances. It is recommended that this route is done in no less than 6 days/5 nights but for better altitude acclimatization it is often done in 7 days/6 nights. You will approach the summit from the east and make your descent along the Mweka trail. Due to hiking high and sleeping low, the Machame route has one of the highest summit success rates of all the Kilimanjaro routes.

Day 1: Arrival Transfer from airport to Moshi.

Our Original Tanzania Guide will meet you at the airport and transfer you to your hotel in Moshi.
Overnight stay at Honey Badger on a Bed and Breakfast basis.

Day 2: Machame Gate (1,800m) to Machame Camp (3,100m)

Trekking Time: 5-7 hours / Distance: 9km / Altitude Gain: 1300m

A one hour drive will take you to Machame gate where we will complete National Park registration formalities. You will meet your cook and porters and begin your trek to the top of 'The Roof of Africa'! Your climb starts steadily, following the trail to the west of Mako stream into dense, ever-changing rainforest. The trail is sometimes muddy and slippery. Approaching Machame Camp the path emerges onto alpine moorland with beautiful views of the Western Breach.

Day 3: Machame Camp (3,100m) to Shira Camp (3,840m)

Trekking Time: 5 - 7 hours / Distance: 9km / Altitude Gain: 740m

The trail continues northeast and heads towards Shira camp, bringing you out of the forest and up a steep boulder ridge leading to the Shira Plateau. From here you will be able to take in the stunning views Kilimanjaro has to offer, including Mount Meru in the west with its breath-taking sunsets. We camp at Shira Camp, where you will have an excursion of the area hiking at higher altitudes to assist in your acclimatization.





Day 4: Shira Camp (3,840m) to Barranco Camp (3,950m) via Lava Tower

Trekking Time: 6-7 hours / Distance: 11km / Altitude Gain: 110m

The trail to Barranco Camp, taking 6 – 7 hours, is really beautiful and starts with a gentle incline towards Kibo. You will reach a ridge marked by a rock named the Shark's Tooth (4,400m) and go south, crossing shallow valleys to Lava Tower (4,600m).

We will gradually descend to Barranco Camp with its great views of the icy Western Breach and the Barranco Wall, better known as the 'Breakfast Wall'. This is an acclimatization day following the 'walking high, sleeping low' rule of mountaineering.

Day 5: Barranco Camp (3,950m) to Karanga Camp (3,930m)

Trekking Time: 4 – 5 hours / Distance: 5km / Altitude Gain: 200m, Altitude loss: 220m

The day starts with a not too technical trek up Barranco Wall (200m High) which, although steep, only requires hand-and-feet climbing for a few stretches. The top of the 'Breakfast Wall' has attractive vistas of Kibo and the surrounding landscape. We will then follow the trail with many up and down sections across small streams and then cross the Karanga River to the Karanga campsite. This is just a short day of trekking to help with acclimatization.

Day 6: Karanga Camp (3,930m) to Barafu Camp (4,600m)

Trekking Time: 2- 4 hours / Distance: 4km / Altitude Gain: 670m

The fifth day starts by following the path up and across a rocky zone with views of the mountains' Southern Glaciers. Continuing our eastward traverse to Barafu Camp we meet the crossroads with the Mweka route. A further hour's climb up a steep and rocky lava ridge will bring us to Barafu Camp. You have completed the South Circuit of the mountain and from here you will be able to view the summit from a number of different angles. The terrain at Barafu Camp is inhospitable and has very little vegetation; it often snows at this point and in the rainy season can be blanketed. We will set up camp, rest and enjoy a hearty meal before heading to bed – the summit is just a further 1,188m, which we will start to attempt at midnight.





Day 7: Barafu Camp (4,600m) to Summit (5,895m) (Midnight start), descent to Mweka Camp (3,100m)

Trekking Time: 6 – 7 hours / Distance: 5km / Altitude Gain: 1195m

Waking up at 23.00hrs you will have a light snack and hot drink before starting your 5km trek to the summit. This is the most exhausting day of your climb with an overall trekking time of approximately 16 hours. This section of your climb is the coldest with temperatures ranging from -5°C to -10°C. We will head North West, following the trail up an increasingly steep valley on the edge of scree fields you will pass the Rebmann and Ratzel glaciers towards Stella Point (5,672m). You are now on the southern rim of Kibo, where you will have spectacular views as the sun rises.

Just a further hour's climb will bring you to Uhuru Peak – congratulations you have reached the highest point of Mount Kilimanjaro, the 'Roof of Africa'. You will be surrounded by awe-inspiring ice cliffs and magnificent views of Mawenzi peak and beyond.

Summit (5,895m) to Mweka Camp (3,100m)

Trekking Time: 5 – 6 hours / Distance 9km / Altitude loss: 2795

We will start our descent to Stella Point and then get back on the trail to Barafu Camp where you will have a short rest before heading to Mweka Camp; it is a 9km trek and on-route you will be able to take in the spectacular views of the plains of Kilimanjaro. This is not a difficult route, taking just 4 – 5 hours, the trail takes you down a rocky scree path (remember to go 'Pole pole') through moorland and then into beautiful forest habitat. We will share our last meal on Mount Kilimanjaro and you will have a very well deserved sleep.

Day 8: Mweka Camp (3,100m) to Mweka Gate (1,800m)

Trekking Time: 4 – 5 hours / Distance: 10km / Altitude Loss: 1300m

You will start your day with breakfast and then singing and celebrations with your porters before descending 1300m to Mweka Gate, considered an easy days' climb with it taking just a few hours to get to get to the gate. On arrival at Mweka Gate you will receive your Gold Summit Certificate, a token for you to take home to remember one of the biggest adventures you have experienced. You will continue a short walk to Mweka Village where you will be transferred back to your hotel and you can enjoy a refreshing hot shower, dinner and a rest! Overnight will be spent at **Honey Badger lodge Moshi. B&B**





www.originaltanzania.com info@originaltanzania.com
Keeping Tanzania Original for You

Trained Tour Leader & Outdoor Specialist
Elias Udambe: elias@originaltanzania.com

Development and Partnerships
Sarah Hough: sarah@originaltanzania.com

All prices include:

- Park Fees for Mount Kilimanjaro
- Camping fees
- Park Rescue Fees
- Airport transfer
- Lead Guide, assistant guide, cook and porters
- Full briefing to set you up for your challenge, including full kit / equipment / clothing check
- Food & Water during entire Kilimanjaro trek
- Tent accommodation, mattresses, mobile mountain toilet and all camping equipment
- Hotel before and after trek on a B&B Basis
- Transport to and from the starting gate
- First Aid Supplies
- Pulse Oximeter
- Oxygen Tank

Not included:

- Tip for the crew - made at your discretion
- Travel or Health Insurance
- Visa for entry to Tanzania

